Track: 2023-07-08 Monte Bolza e Scoppaturo — **Date: 09/07/2023**

Track: 2023-07-08 Monte Bolza e Scoppaturo	**IBP = 86 HKG**
These speeds are average for = HKG	
IBP index reliability= C	

Total length	13.13 Km
Analyzed distance	13.13 Km
Lineal distance	0.01 Km

Accumulated climb	678.9 m
Accumulated descent	678.2 m
Maximum height	1927.8 m
Minimal height	1484.6 m
Climb rate	12.84 %
Descent rate	10.88 %
Positive climb difference per km	51.71 m
Negative descent difference per km	51.65 m

Total time	4:57:17 h
Time in movement	3:59:06 h
Stopped time	0:58:11 h

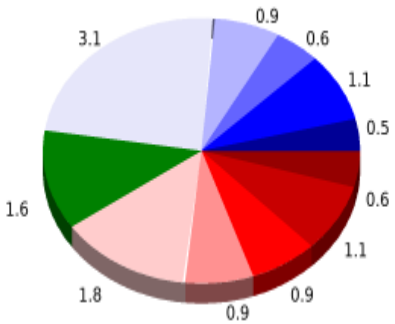
Total speed average	2.65 Km/h
Average speed in movement	3.29 Km/h
Maximum held speed	6.19 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	758 (cad. 17.32 m)
Significant points	337 (cad. 39.07 m / 44.46 %)
Aberrant points	56 (7.39 % d. total)

Direction changes per km	13.25
Direction changes >5º per km	9.14
Accumulated straight stretches	2.183 Km
Straight stretches per km	166.26 m
Penalizables slope changes	6
Penalizables slope changes per km	0.457

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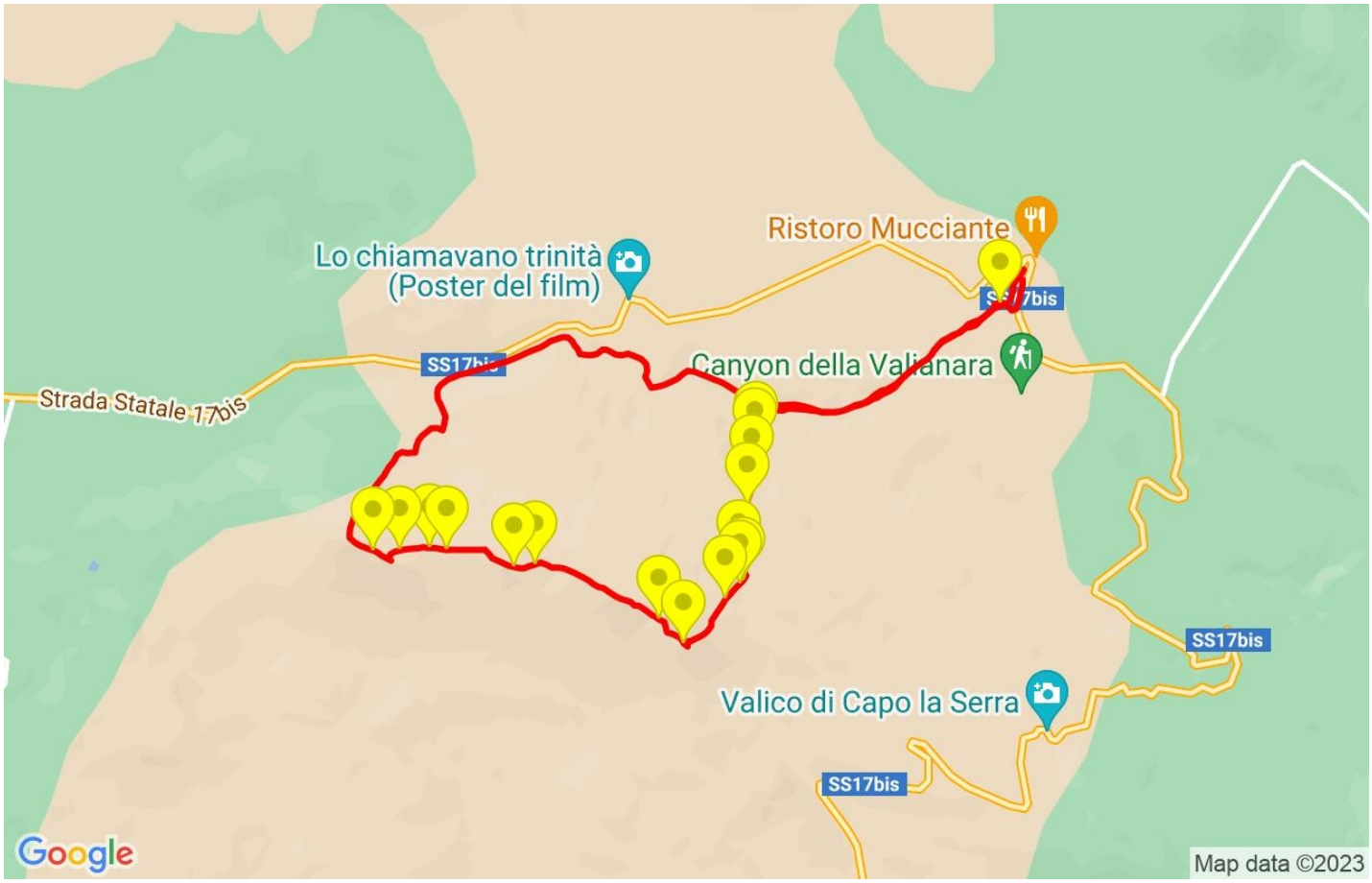
Summary of slopes

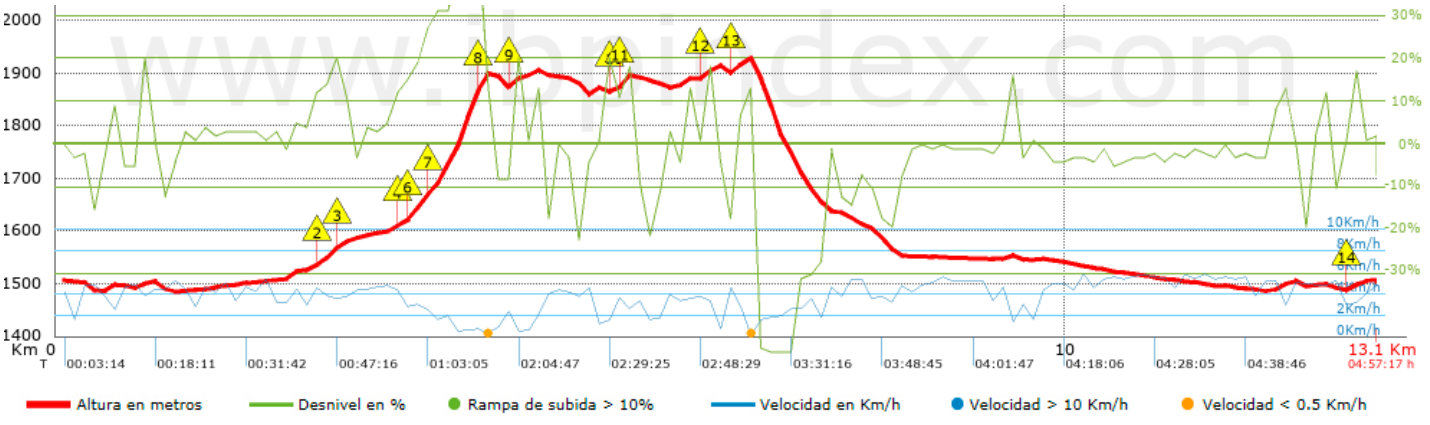


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.577	4.39	2.44	0:14:10
	Between 15 and 30%	1.083	8.25	2.43	0:26:48
	Between 10 and 15%	0.94	7.16	3.77	0:14:57
	Between 5 and 10%	0.871	6.63	3.54	0:14:46
	Between 1 and 5%	1.816	13.83	3.54	0:30:44
	Total :	5.287	40.27	3.13	1:41:25
	Plain				
	Difference of 1%	1.607	12.24	4.13	0:23:19
	Breakdown descents				
	Between 1 and 5%	3.109	23.68	4.35	0:42:51
	Between 5 and 10%	0.911	6.94	3.17	0:17:15
	Between 10 and 15%	0.586	4.46	2.98	0:11:48
	Between 15 and 30%	1.085	8.27	2.56	0:25:26
	Between 30% and 55%	0.543	4.14	1.91	0:17:02
	Total :	6.234	47.49	3.27	1:54:22
	Total track :	13.13	100 %	3.29	3:59:06

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	2.52	12 %	41 m
2	2.561	15 %	183 m
3	2.745	14 %	185 m
4	3.33	11 %	136 m
5	3.466	18 %	33 m
6	3.498	22 %	144 m
7	3.642	39 %	533 m
8	4.175	42 %	66 m
9	4.48	16 %	142 m
10	5.443	16 %	150 m
11	5.593	18 %	81 m
12	6.404	19 %	104 m
13	6.679	15 %	139 m
14	12.803	15 %	118 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
1750	3309.933	25.21	1:22:03	2.42	0:54:55	2:16:58	1.45
1500	7129.801	54.31	1:59:28	3.58	0:03:16	2:02:44	3.49
Total :	10.44 Km	79.52 %	3:21:31 h	3.11 Km/h	0:58:11 h	4:19:42 h	2.41 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.859	0:03:16	1727	1:09:31	1:09:31	3.859
3.954	0:14:44 > 10´	1762	1:15:41	0:06:10 < 10´	0.095
4.14	0:03:04	1850	1:32:55	0:17:14	0.186
4.21	0:08:25	1880	1:38:19	0:05:24 < 10´	0.07
4.48	0:04:11	1873	1:56:21	0:18:02	0.27
4.589	0:03:06	1889	2:04:47	0:08:26 < 10´	0.109
6.508	0:02:57	1914	2:51:08	0:46:21	1.919
6.819	0:18:28 > 10´	1923	2:59:49	0:08:41 < 10´	0.311
Total :	0:58:11 h				

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